

# Juvenile Justice Behavioral Health (JJBH) ECHO



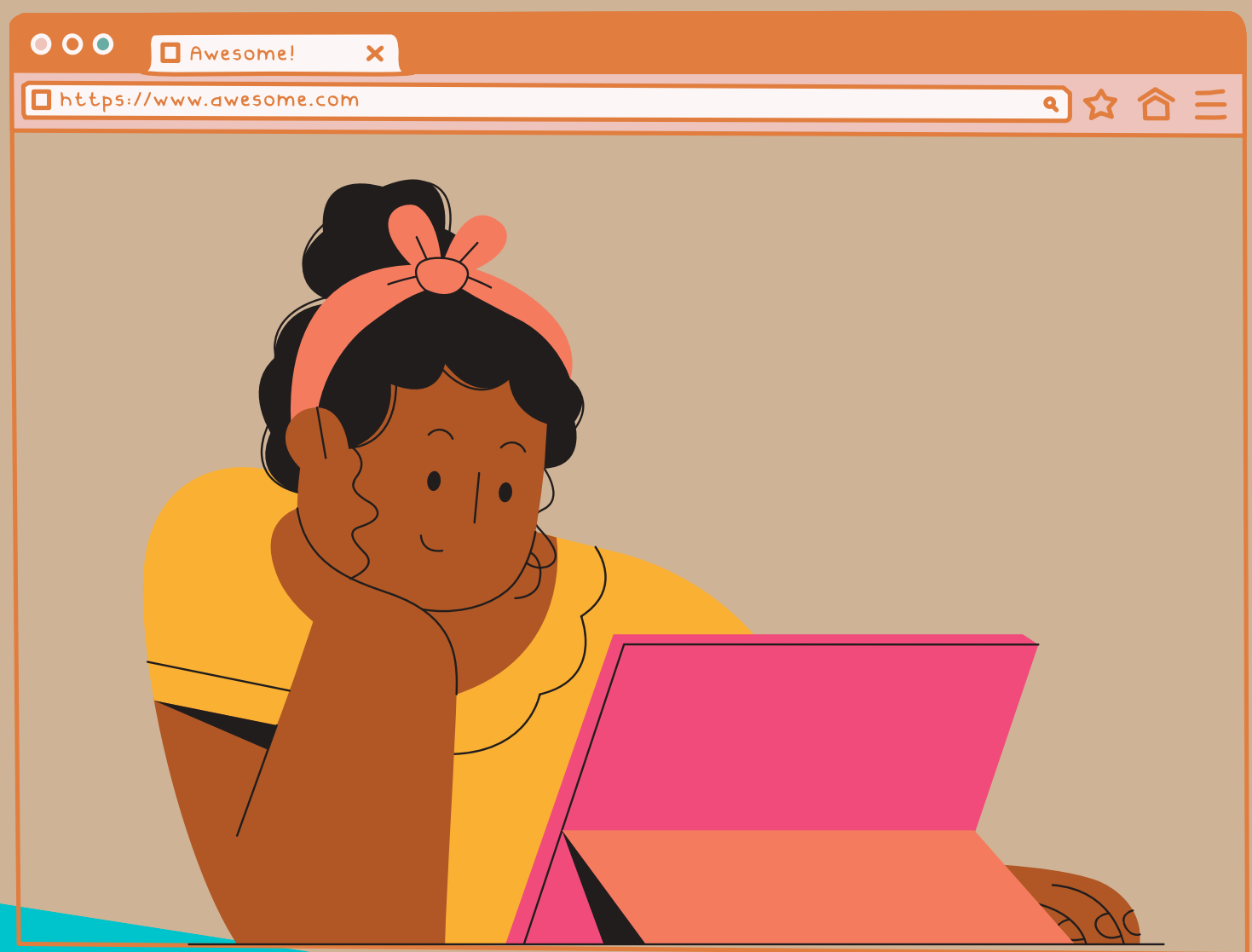
## August 22nd, 2024 - November 7th, 2024

### Join us weekly on Thursdays from 12 -1 PM

For more information or to register,  
please email [tylia.lundberg@ucsf.edu](mailto:tylia.lundberg@ucsf.edu)

### WHY Project ECHO JJBH?

- Expand access to best-practice behavioral healthcare for system-involved youth (e.g., juvenile justice, child welfare, foster care).
- Provide opportunities for peer and community-based learning and support.



### WHAT is Project ECHO JJBH?

- Tele-mentoring model to build providers' capacity to deliver best-practice behavioral healthcare to system-involved youth.
- Includes specific mentoring and support on providing telehealth services.

### HOW does Project ECHO JJBH work?

- Providers from multiple locations connect at regularly scheduled times with a team of specialists using Zoom videoconferencing.
- Sessions feature case-based learning and short, engaging didactic presentations.
- Licensed and non-licensed providers are welcome.
- No cost to participate.
- **Licensed participants receive Continuing Education Units (ACCME, CAMFT, and CCAPP)**

### Survey Opportunity

- Complete three confidential online surveys (15- 30 minutes per survey).
- Receive a gift card for each completed survey (up to \$75 total).

# zoom



**REGISTER HERE** <https://tiny.ucsf.edu/JJBHECHO> OR scan our QR code.

# **12-WEEK CURRICULUM\***

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## **Session 1: August 22nd, 2024**

Ekstasis: A structured peer consultation model via teleconferencing to reduce burnout

## **Session 2: August 29th, 2024**

Setting goals, monitoring progress, and supporting skills practice over telehealth

## **Session 3: September 5th, 2024**

Trauma in youth and adolescents: conceptualization, etiology (including racial trauma), prevalence, manifestation, and course

## **Session 4: September 12th, 2024**

Youth Risk Assessment and Safety Planning

## **Session 5: September 19th, 2024**

Mini Case Formulations with Behavior Chain Analysis

## **Session 6: September 26th, 2024**

Evidence-Based Trauma Assessment in the Context of Commonly Co-occurring Disorders

**Session 7: October 3rd, 2024**

Adolescent substance use: conceptualization, etiology, prevalence, manifestation, and course

**Session 8: October 10th, 2024**

Substance use assessment in mental health treatment settings (beyond the CANS)

**Session 9: October 17th, 2024**

Developing a case conceptualization and using it to inform treatment approach and goals

**Session 10: October 24th, 2024**

Motivational Interviewing: Eliciting Teens' Reasons for Change

**Session 11: October 31st, 2024**

Treatments that work for adolescent substance use

**Session 12: November 7th, 2024**

Intervention strategies for treating co-occurring conditions (e.g., trauma, substance use, psychosis, BPD)

\*the presentation schedule may be altered, in terms of which topics are present on which days, depending on scheduling needs. However, all dates listed are finalized for sessions.