Table 2. Comparison of Symptoms and Common Comorbidities.

	Trauma	FASD/PAE
Cognition	 Language deficits Lowered IQ and learning difficulties Memory difficulties Difficulties with attention Understanding social interactions Rigid problem-solving styles Difficulties with abstract reasoning 	 Speech and language delays Intellectual and learning disabilities Memory difficulties Difficulties with attention Theory of Mind difficulties Difficulty with reasoning, problem solving, and understanding consequences of actions Problems following directions leads to rule breaking
Self- regulation/ Behavior	 ADHD symptoms Reactive to stress Difficulty controlling impulses Difficulty regulating emotions and behavior Aggression associated with physical abuse Dissociation 	 ADHD in approximately 50%–90% of children Reactive to stress Difficulty controlling impulses Difficulty regulating emotions and behavior Rigidity and resistance to change Behavioral problems and rule-breaking
Emotion	Comorbid mood and anxiety disordersEmotional overarousalGuilt or shame	 Comorbid mood and anxiety disorders May not share emotions easily Difficulty recognizing others' emotions
Social	 Miscue social interactions Difficulty managing social relationships 	 Difficulty with social cuing Difficulty with reciprocal social relationships May not show affection Lacks understanding of others' thoughts and feelings
Sensory/ Physical	 Hypersensitive to stimuli or decreased body awareness Somatic complaints Physical health problems: heart, respiratory, digestive, arthritis, diabetes 	 Sensory sensitivities Sensory integration difficulties Facial dysmorphology Growth deficits Vision or hearing problems Heart, kidney, or bone problems Poor coordination/motor difficulties